

## Literacy

Sing or make up  
a song whilst you  
are washing your  
hands.



## Phonics

Zoo game on phonics play

<https://www.phonicsplay.co.uk/resources/phase/1/welcome-to-the-zoo>

listen to the animals, match the  
sounds to the correct animal.



Week 1

Settling back in/ sharing news from  
your Christmas break.

## Expressive Arts and Design

Talk about what we have been  
doing over the Christmas  
holidays.

Mark make/draw a picture of  
your favourite gift/event.



## Mathematics

### Make playdough.

You will need:

2 cups of flour, plus extra for  
dusting your board

1 cup of salt

2 cups of warm water.

Mix together.

Count how many cups you have  
used. Order and sequence the  
recipe.

## Communication and Language

Share your favourite story.

Talk about what you can see,  
what is happening and who  
the characters are.



## Physical Development

### Dough Disco

Using the playdough, you  
have made.

Find this song on YouTube and  
follow the actions.

Playdough song | If you're happy  
and you know it

## Personal, Social and Emotional Development

Talk about the  
importance of washing  
and sanitizing your  
hands.

Watch this video and  
discuss.

[How to wash your hands  
NHS song | NHS - YouTube](#)

## Understanding the World

### Treasure hunt

Make some clues (or tell an  
adult your clues) and hide a  
toy somewhere in the house for  
them to find. Have a go at  
drawing a map for them to use  
to find their toy.



Useful links to interactive games you can play with your children online.

- <http://www.phonicsplay.co.uk/freeIndex.htm>
- [IXL | Maths and English Practice](#)
- <https://www.topmarks.co.uk/maths-games/3-5-years/counting>
- <https://www.bbc.co.uk/cbeebies/topics/numeracy>
- <https://www.phonicsbloom.com>
- <https://www.twinkl.co.uk/> (some great resources to download, stories, books and interactive games.)
- <http://www.crickweb.co.uk/Early-Years.html>
- <https://whiterosemaths.com/homelearning/>