

DID YOU KNOW?

Primary schools in England generate around 55,408 tonnes of food waste per year.

Our new menus are all designed to help schools reduce food waste by including lots of firm favourites as well as offering more flexibility with options and portion sizes.



FREE SCHOOL MEALS

All pupils between reception and year 2 are entitled to a free nutritious school lunch.

Everyone automatically gets Universal Infant FREE school meals and can benefit by over £480 per child per year. If your child is in year 3 or above, find out if they could still qualify for a free school meal by contacting the school office.



SPECIAL DIETS

If your child requires a special diet for medical reasons, please check out our website

www.edwardsandward.co.uk

for a full list of FAQs and to complete our online form.



MENU

AUTUMN/WINTER

2024-25



edwards and ward
a recipe for success

WEEK ONE

MONDAY

Rainbow Veg Pizza with Jacket Wedges (V) **or**
Margherita Pizza with Jacket Wedges (V)
Veg of the Day
Vanilla Shortbread (Ve)

TUESDAY

Pork or Chicken Sausages with Mash & Gravy
or Veggie Sausage with Mash & Gravy (Ve)
Veg of the Day
Apple Sponge (V)

WEDNESDAY

Roast of the Day with Roasties & Gravy **or**
Loaded Yorkshire with Roasties (V)
Veg of the Day
Jelly (Ve)

THURSDAY

Penne with Beef Bolognese
or Penne with Beany Bolognese (Ve)
Veg of the Day
Sultana Flapjack (Ve)

FRIDAY

Fish Fingers or Salmon Fish Fingers with Chips **or**
Vegetable Fingers with Chips (Ve)
Veg of the Day
Vanilla Ice Cream with Banana (V)

2/9/24, 23/9/24, 14/10/24, 4/11/24, 25/11/24, 16/12/24,
6/1/25, 27/1/25

WEEK TWO

Rainbow Veg Pizza with Jacket Wedges (V) **or**
Margherita Pizza with Jacket Wedges (V)
Veg of the Day
Chocolate Shortbread (Ve)

Sausage Roll with Mash & Gravy
or Vegan Sausage Roll with Mash & Gravy (Ve)
Veg of the Day
Carrot Cake (V)

Roast of the Day with Roasties & Gravy **or**
Quorn Fillet with Roasties & Gravy (Ve)
Veg of the Day
Jelly (Ve)

Chicken Korma with Rice
or Mac & Cheese (V)
Veg of the Day
Apple Flapjack (Ve)

Fish Fingers or Salmon Fish Fingers with Chips **or**
Vegetable Fingers with Chips (Ve)
Veg of the Day
Vanilla Ice Cream with Banana (V)

9/9/24, 30/9/24, 21/10/24, 11/11/24, 2/12/24, 23/12/24,
13/1/25, 3/2/25

WEEK THREE

Rainbow Veg Pizza with Jacket Wedges (V) **or**
Margherita Pizza with Jacket Wedges (V)
Veg of the Day
Sultana Shortbread (Ve)

Chicken Meatballs with Mash & Gravy
or Vegeballs with Mash & Gravy (Ve)
Veg of the Day
Pineapple Upside Down Cake (V)

Roast of the Day with Roasties & Gravy **or**
Veggie Sausage Toad in the Hole with Roasties &
Gravy (V)
Veg of the Day
Jelly (Ve)

Tuna Pasta Bake
or Mac & Cheese (V)
Veg of the Day
Flapjack (Ve)

Fish Fingers or Salmon Fish Fingers with Chips **or**
Vegetable Fingers with Chips (Ve)
Veg of the Day
Vanilla Ice Cream with Banana (V)

16/9/24, 7/10/24, 28/10/24, 18/11/24, 9/12/24, 30/12/24,
20/1/25, 10/2/25

Choice of **Filled Jacket Potatoes** also available daily
along with freshly baked bread, salad, fresh fruit, yoghurts, jelly and fresh drinking water.

